

# Sister's Spin

March 1, 2022

After a day of the joyfulness of Mardi Gras comes the solemnity of the Lenten Season. We hear the call to prayer, fasting and almsgiving from the prophet, Joel, from Paul, and from Jesus. We accept the ashes as a reminder that this is not the life that we are called to, but that there is one better for which we are preparing. Searching deep within ourselves, we seek websites, books, talks to enable us to grow in this Lenten Season. The fasting regulations of Lent remind us that there is more to fasting than just not eating meat on certain days or using this season as a means of weight loss. All actions of Lent call one to be a more disciplined person or is it to be a more faithful disciple? In prayer, fasting and almsgiving one may find the answer. May your Lenten Season be one of great blessings as you walk with the Lord these next 40 days.

-Sister Marcianne

