

# Sister's Spin

January is here and a new year is beginning. What great saints the Church gives us as this year begins. Today St. Elizabeth Ann Seton is celebrated and Thursday will find us celebrating St. John Neumann. Both of these saints are noted for their influence on the Catholic School System in the United States. Elizabeth started the first free Catholic School and St. John was noted for establishing so many Catholic Schools and setting up a system for their continued success. But both of these saints are also noted for other blessings which they have given to the Church. Among these is their devotion to the Eucharist. It was the Eucharist that led Elizabeth to enter the Catholic Church. Her prayer in the presence of the Blessed Sacrament brought her consolation and the example of her friends' devotion led her to her conversion to the Catholic Church. For John Neumann, devotion to the Eucharist led him to establish the practice of **FORTY HOURS OF DEVOTION** in which the Blessed Sacrament was exposed for 40 hours and all were invited to come and keep vigil in the Presence of the Lord. As our Diocese and many others are encouraging us to center our lives more closely on the Eucharist, these two saints show us that time spent in adoration with Jesus in the Eucharist is time well spent. Need a New Year's Resolution? This may be a good one! **HAPPY NEW YEAR!**

Sister Marcianne

