



SUMMER SCHOLARS PROGRAM

Why would you consider devoting half of your summer to such a unique and prestigious opportunity?

You'll gain.....

Knowledge

CGH Medical Center, our physicians and staff, know that our community has outstanding students who are devoted to their educational experience. We wish to enhance that experience for those who have a strong desire to consider becoming a physician in the future.

Experience

If you are selected as a CGH Summer Scholar, you have the rare opportunity to immerse yourself into the careers of multiple medical specialists and learn one-on-one alongside them. This experience will challenge you to push yourself towards a career that offers a rewarding opportunity.

Connections

Summer Scholars will maintain connections with their mentors and other CGH physicians and staff beyond the initial summer experience. These relationships will remain important throughout your developing career.

Scholarship

Once you successfully complete the summer program, CGH will provide a \$1,500 scholarship that can be used for the first year of your college education.

IF YOU ARE INTERESTED, PLEASE FOLLOW THE INSTRUCTIONS IN THE ENCLOSED INFORMATION PACKET



SUMMER SCHOLARS APPLICATION

Name: _____

Address: _____

Phone #: _____

Email: _____

High School: _____

GPA: _____

Activities: _____

Community Service: _____

Essay: One page (typed) describing why you want to be a physician.

Recommendation: A recommendation from a current or prior teacher is required in support of your application to the CGH Summer Scholars program.

The recommendation should include an evaluation of your personal characteristics (honesty, reliability, maturity, work ethic) as well as any general comments.

APPLICATION DEADLINE: April 4, 2025
FINALIST INTERVIEWS: April 14-17, 2025 (tentative)
WINNERS ANNOUNCED: April 21, 2024 (tentative)

Please mail all completed application materials to:
Mr. Kip Aitken, CGH Medical Center, 100 East LeFevre Road, Sterling, IL 61081



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Program Description

The purpose of the **CGH Summer Scholars Program** is to provide local high school students who aspire to be physicians with an opportunity to explore the health care field. The opportunity consists of working one-on-one with CGH doctors, attending lectures about careers in the health care field and completing one research project relevant to public health.

Program Goals

1. To educate participants about opportunities in healthcare as potential careers.
2. To engage the participants in the daily work of healthcare professionals.
3. To inspire participants to pursue a career in the field of healthcare.

Students Eligible

Graduating High school seniors

Time Commitment

The program will start at the end of the academic school year and run for 6 weeks.

Schedule

The daily schedule will be 8:00am to noon. Scholars will rotate through an area of medicine each week (Emergency Department including EMS, family medicine/internal medicine, surgery, and subspecialty exposure in both surgery and medicine). During each rotation the scholars will learn about that area of medicine by shadowing a staff doctor. Twice per week scholars will attend a lecture from 12:30 to 1:30pm. The lectures will be relevant to their rotations and potential careers in healthcare.

At the beginning of the program, scholars will choose one area of particular interest to them and will be assigned a mentor in that area. Working with the mentor, the scholar will determine a topic relevant to public health and research the topic for presentation at the end of the program. For example, if a scholar chooses orthopedics as the area of interest, then the research topic might be osteoporosis and how it affects the surrounding community.

Scholarship

\$1,500 applied to college education

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CGH SUMMER SCHOLARS PROGRAM

SAMPLE ROTATION SCHEDULE

Start Date: June 2, 2025

End Date: July 10, 2025

Mentors will be assigned prior to the start date.

Rotations may change based on schedules / staff availability.

Rotations:	Week 1	Emergency Department
	Week 2	Family Medicine
	Week 3	Surgery
	Week 4	Pediatrics/ Obstetrics and Gynecology
	Week 5	Nursing/ Physical & Occupational Therapy/ Radiology/ Pathology
	Week 6	Selected Specialties such as Neurology, Oncology, Gastroenterology, Cardiology, Dermatology and Otolaryngology

Lecture Schedule:

Lectures will be at 12:30 on Tuesdays and Thursdays.

Schedule listed on next page.



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SAMPLE LECTURE SCHEDULE

All lectures start at 12:30

***Classes are held in CGH Classroom #1 unless noted otherwise**

Lecture schedule may change based on staff availability.

Week 1

Tuesday	Clinical Assessment of Patients
Thursday	Pathology and Hospital Lab

Week 2

Tuesday	Radiology: Understanding imaging studies in patient care
Thursday	Physical Therapy / Occupational Therapy

Week 3

Tuesday	Pharmacist / Nutritionist /Diabetic Education
Thursday	Wound Center / Infectious Disease

Week 4

Tuesday	Cardiology
Thursday	Gastrointestinal Medicine / Endoscopy

Week 5

Tuesday	Sleep Lab
Thursday	Childbirth Simulation

Week 6

Tuesday	CEO Lecture: The Future of Healthcare
Thursday	Lunch Ceremony & Project Presentations