

Illinois Safety in Football Initiative



Newman will be participating in the Illinois Safety in Football Initiative. GLATA (Great Lakes Athletic Trainers Association) has organized a "Safety in Football Campaign" to advocate for the increased safety in football across our district. Follow this album to learn what Athletic Trainers do each every day to improve safety, lessen the risks of injury and keep the focus on the fun and camaraderie of football.
#GLATASafetyinFootball

Newman has a comprehensive Athletic Emergency Action Plan. A copy of this plan can be found next to the AED's of each gym, the concession stand, the front office and the athletic training room. The next time you are at school, check them out.



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Safety Tip #1

Athletic Trainers play a key role in the development & execution of Emergency Action Plans (EAP's)

<https://www.nata.org/sites/default/files/white-paper-emergency-action-plan.pdf>

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Safety Tip #2

Athletic Trainers play a critical role in the preventing and managing Concussions.



<https://www.nata.org/sites/default/files/concussion-handout.pdf>

It has been shown that Secondary schools that do DO NOT have an athletic trainer suffer injuries almost 2X more often than schools who DO have an athletic trainer. Unfortunately, only 37% of high schools in the USA have a full-time athletic trainer. Newman has a comprehensive concussion proram. Athletes that suffer a concussion are put through the most current evidence based return to tlearn and return to play protocols. #GLATASafetyinFootball