

March 5, 2021

Jennifer Oetting Newman Central Catholic High School 1101 West 23<sup>rd</sup> Street Sterling, IL 61081

Dear Ms. Oetting,

It is time to kick off the **2021 CGH Summer Scholars Program**. The program will provide local high school students aspiring to become physicians with an opportunity to explore various areas of the health care field and to develop mentoring relationships with professionals at CGH Medical Center.

The program is intended for highly motivated students who have a good academic record and a sincere interest in becoming a physician. Graduating high school seniors may apply. Students accepted into the program will work 4-5 hours per day Monday through Friday for a period of six weeks. During that time, they will rotate through areas of medicine and surgery, receive lectures on healthcare career paths, and complete one project under the guidance of a mentor. Each CGH Summer Scholar will receive a \$1,500 scholarship to support his/her college education. Enclosed with this letter are materials that explain the program and application process in greater detail.

Please distribute the information to eligible students. We look forward to receiving their applications.

Obviously, the ongoing pandemic complicates things. It is our intention to host the program this year, but that is clearly predicated on the local situation, and whether or not we are allowed to have students in the building. We are optimistic about the probability of having the program in June and July like usual.

If you have any questions about the program, please contact me at CGH Medical Center (815-564-4914) or via email at Kip.Aitken@cghmc.com.

Sincerely,

Kip Aitken Director of Physician Recruitment CGH Medical Center





# Why would you consider devoting half of your summer to such a unique and prestigious opportunity?

# You'll gain .....

## Knowledge

CGH Medical Center, our physicians and staff, know that our community has outstanding students who are devoted to their educational experience. We wish to enhance that experience for those who have a strong desire to consider becoming a physician in the future.

# Experience

If you are selected as a CGH Summer Scholar, you have the rare opportunity to immerse yourself into the careers of multiple medical specialists and learn one-on-one alongside them. This experience will challenge you to push yourself towards a career that offers a rewarding opportunity.

# Connections

Summer Scholars will maintain connections with their mentors and other CGH physicians and staff beyond the initial summer experience. These relationships will remain important throughout your developing career.

# Scholarship

Once you successfully complete the summer program, CGH will provide a \$1,500 scholarship that can be used for the first year of your college education.

# IF YOU ARE INTERESTED, PLEASE FOLLOW THE INSTRUCTIONS IN THE ENCLOSED INFORMATION PACKET

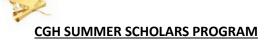


SUMMER SCHOLARS APPLICATION

| Name:   |  |
|---|--|
| Address:  |  |
| Phone #:  |  |
| Email:  |  |
| High School:  |  |
| GPA:  |  |
| Activities:   |  |
|   |  |
|   |  |
|   |  |
| Community Service:  |  |
|   |  |
| Essay:  | One page (typed) describing why you want to be a physician.  |
| Recommendation:   | A recommendation from a current or prior teacher is required in support of your application to the CGH Summer Scholars program.                                |
|   | The recommendation should include an evaluation of your personal characteristics (honesty, reliability, maturity, work ethic) as well as any general comments. |
| APPLICATION DEADLINE:<br>FINALIST INTERVIEWS:<br>WINNERS ANNOUNCED: | April 9, 2021<br>April 19-23, 2021 (tentative)<br>April 23, 2021 (tentative)   |

Please mail all completed application materials to: Mr. Kip Aitken, CGH Medical Center, 100 East LeFevre Road, Sterling, IL 61081





## **Program Description**

The purpose of the **CGH Summer Scholars Program** is to provide local high school students who aspire to be physicians with an opportunity to explore the health care field. The opportunity consists of working one-on-one with CGH doctors, attending lectures about careers in the health care field and completing one research project relevant to public health.

## **Program Goals**

- 1. To educate participants about opportunities in healthcare as potential careers.
- 2. To engage the participants in the daily work of healthcare professionals.
- 3. To inspire participants to pursue a career in the field of healthcare.

## **Students Eligible**

Graduating High school seniors

#### **Time Commitment**

The program will start at the end of the academic school year and run for 6 weeks.

#### Schedule

The daily schedule will be 8:00am to noon. Scholars will rotate through an area of medicine each week (Emergency Department including EMS, family medicine/internal medicine, surgery, and subspecialty exposure in both surgery and medicine). During each rotation the scholars will learn about that area of medicine by shadowing a staff doctor. Twice per week scholars will attend a lecture from 12:30 to 1:30pm. The lectures will be relevant to their rotations and potential careers in healthcare.

At the beginning of the program, scholars will choose one area of particular interest to them and will be assigned a mentor in that area. Working with the mentor, the scholar will determine a topic relevant to public health and research the topic for presentation at the end of the program. For example, if a scholar chooses orthopedics as the area of interest, then the research topic might be osteoporosis and how it affects the surrounding community.

#### Scholarship

\$1,500 applied to college education





## SAMPLE ROTATION SCHEDULE

 Start Date:
 June 7, 2021

 End Date:
 July 15, 2021

# Mentors will be assigned prior to the start date. Rotations may change based on schedules / staff availability.

| Rotations: | Week 1 | Emergency Department  |
|------------|--------|---|
|            | Week 2 | Family Medicine   |
|            | Week 3 | Surgery   |
|            | Week 4 | Pediatrics/ Obstetrics and Gynecology   |
|            | Week 5 | Nursing/ Physical & Occupational Therapy/ Radiology/ Pathology  |
|            | Week 6 | Selected Specialties such as Neurology, Oncology, Gastroenterology,<br>Cardiology, Dermatology and Otolaryngology |

## Lecture Schedule:

Lectures will be at 12:30 on Tuesdays and Thursdays.

Schedule listed on next page.





## SAMPLE LECTURE SCHEDULE

# All lectures start at 12:30 \*Classes are held in CGH Classroom #1 unless noted otherwise Lecture schedule may change based on staff availability.

#### Week 1 Tuesday **Clinical Assessment of Patients** Thursday Pathology and Hospital Lab Week 2 Tuesday Radiology: Understanding imaging studies in patient care Thursday Physical Therapy / Occupational Therapy Week 3 Tuesday Pharmacist / Nutritionist / Diabetic Education Thursday Wound Center / Infectious Disease Week 4 Tuesday Cardiology Thursday Gastrointestinal Medicine / Endoscopy Week 5 Tuesday Sleep Lab Thursday **Childbirth Simulation** Week 6 Tuesday CEO Lecture: The Future of Healthcare Thursday Lunch Ceremony & Project Presentations