## Sister's Spin

## September 14, 2020

Today is a feast that commemorates our salvation. It concerns two events in the life of the Church--the finding of the true cross by St. Helena, mother of Constantine. and the dedication of the Church of the Holy Sepulcher which was built on the site of the hill of Calvary by Constantine. In the early Church, the cross was not an object of honor or veneration. It was too much of a reminder of the ways of Rome in punishing those who did not follow Roman Law. Only after Constantine and the Edict of Milan did the cross become a symbol used in Christianity. A good prayer for this day is that of St. Francis of Assisi, used when praying the Stations of the Cross: We adore you, O Christ, and we praise you, because by your holy cross, you have redeemed the world.

-Sister Marcianne

